



# The Scribe

St. Paul UCC

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(847) 358-0399 [www.stpaul-ucc.org](http://www.stpaul-ucc.org)

October 2018 Edition

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Monthly  
Newsletter

## ***Pastor's Pen...***

*One of the unspoken desires of each and every person is for personal significance, the sense that one is essential to the world around them. Every person has in them a deep-seated need to know that they are somehow irreplaceable in someone else's life. They want to know that they transcend the mundane and that their personhood has in it something that makes them unique and special.*

*Some people exhaust an enormous amount of energy in their search for significance. They may seek positions that place them in power over others, or they may try to lose themselves in the humble service of others. They may give gifts in order to win someone's favor, or they might stack themselves in competition to someone. Others may simply languish in the realization of broken dreams and unfulfilled hopes.*

*It is a painful thing for a person to believe that they really aren't all that important, at least apart from their own strivings to make themselves feel important. The very idea that one could become a "nobody" has struck fear in the heart of many who tenaciously cling to significance.*

*This is why a good grounding in Bible and basic theology is so important. It is in the pages of scripture and in the faithful voices of the "cloud of witnesses" (Hebrews 12:1) from which we learn that we are significant because we are made in the Image of God and that we are claimed by God. This holds true for every single person who has ever lived, regardless of whether they themselves have ever embraced it.*

*Don't fret over losing your significance and becoming a "nobody." There aren't any such people in God's Kingdom. If you're loved by the God of all creation, – and you are – then you have an inherent worth that is beyond measure!*

*See you in worship!*

*Pastor David*



**St. Paul UCC Executive Board Members: Sharon Altergott (Spiritual Life Board Rep.), Kim Cichon, Randy Everett (Admin. Board Rep.), Kim Ferris, David Freeman, Arlene Kraus (Spiritual Life Board Rep.), David Mercer (Staff Rep), Chuck Oberly (Admin. Board Rep), and Karen Wagner.**



Pastoral visitation is available to those who are hospitalized, temporarily laid up at home, or going through rehab at a facility. Because hospitals and other institutions do not notify the church when a patient is admitted, we need for you or your family member to notify us. We will be more than happy to accommodate your request for pastoral care. Please note also that the pastor may be reached for emergencies at

(224) 386-6285 (cell phone).

Pastor David's procedure in visiting St. Paul's shut-ins, as well as, those members who have a difficult time getting to church is to offer support, bring Holy Communion (their option) and to let them know we journey together in worship. Pastor David understands that scheduling may depend on frequency of doctor's appointments or the church member's schedule. Visitation is always available, however, as the shut-in member's health and life situation may change and more extensive pastoral care is needed. Any church member or their family member desiring more frequent pastoral visitation, or to be placed on the visitation list in the first place should contact the church office at (847)-358-0399 to make arrangements.

*"Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord." (James 5:14)*



**The Pastoral Relations Committee Is Available To You!**

Do you have an idea, a question, a comment, or a concern that you would like for Pastor David to know about? You have a couple of options available to you. First, you may speak directly with the pastor. Our pastor is here for ALL of St. Paul's members and he welcomes communication from ALL members. If you aren't comfortable in speaking directly with the pastor, however, then your second option is to go through the Pastoral Relations Committee. Their purpose is to foster good relations between pastor and parish through open and thoughtful communication.

St. Paul's Pastoral Relations Committee members are: Debbie Everett (Chair); Bob Kolze; Joyce Mah; Melissa Gumm; Mary Doktor; and Tom Donat.



***From the Treasurer...St. Paul at a Glance***

	August 2018	YTD	BUDGET
Revenue	18,206.25	264,598.98	258,890.00
Expenditure	18,037.26	271,887.14	277,188.00
Net Income	168.99	-7,288.16	-18,298.00

## From the Archives...



On Sunday, September 30, **1962** the Sunday service was called **LOYALTY SUNDAY SERVICE**. In the Sunday service Bulletin it was stated the Council asked the members of St. Paul Church to underwrite the needs of **TIME, TALENT, AND TREASURE** for the year 1962-1963. At this service they returned their Intent Cards.

"This is the program of every member enrollment. Your Christian commitment depends upon your loyalty to the cause of God's Kingdom. Your loyalty is reflected in your Response.

**YOUR** - support in Time, Talent and Treasure

- \* is a way of expressing your Christian Life !
- \* is your witness for a Christian world !
- \* is your investment in Christian youth !
- \* is your expression of faith in the future!
- \* is your obligation to God!

**YOUR** - Response

- \* Attending the **LOYALTY SUNDAY SERVICE** - September 30, 1962
- \* Participate in the life and work of your Church
- \* Bring your neighbors and friends who have no church home.
- \* Turn in your Time, Talent and Treasure Commitments."



### **“Trunk or Treat” Event**

St. Paul will be participating in the Palatine Faith and Action “Trunk or Treat” event on Friday October 26<sup>th</sup> from 5:00 pm to 7:30 pm at Falcon Park in Palatine. At this event, children in the community are able to go trick or treating from car trunk to car trunk in a safe environment. In prior years, approximately 250 children have participated in this fun Halloween event. Please watch for sign up in Fellowship Hall for candy or treat donations or to participate that evening. Costumes are encouraged. We will gather just prior to the event to decorate our car trunk. More details will be noted in the Sunday Announcements as they are finalized.

### Aging Well with a Cup of Joe

That steaming cup of coffee in your hands may hold the keys to a long, healthy life, scientists say. Researchers at the National Cancer Institute (NCI) report that older people who drink coffee are less likely to die from heart disease, stroke, diabetes and respiratory disease than their non-java drinking counterparts.

The study followed 400,000 men and women between the ages of 50 to 71 beginning in 1995 and continued until 2008 or when the participant died. Scientists found the connection between reductions in risk factors increased with how much coffee was consumed. Whether the coffee was caffeinated or not didn't seem to matter. People who drank at least three cups a day lowered their risk of death by 10 percent compared to non-coffee drinkers. Exactly why coffee seems to help prevent these diseases isn't clear yet, researchers said.

If some are looking to the steaming black beverage to be a fountain-of-youth, health experts say living to a ripe old age and free of disease requires a balanced diet rich in fruits and vegetables, regular exercise, reducing stress not to mention having good genes. Maybe one of the reasons that drinking coffee seems to be good for you is that it is a social beverage. When we want to meet up with others, we often do it over a cup of coffee. In our congregations, we may have "coffee hour" after services—a time to meet and connect with others.

We know that being in positive relationships with others is key to good health. So call a friend and enjoy some coffee and a good chat. It's good for you!



### Exercise Improves Memory!

New research indicates that exercise is key to mental health for older adults who are striving to remain independent and active. Older adults who walk or jog perform better on memory tasks than those who are more sedentary, according to researchers from Boston University. The research showed that older adults who took more steps per day had better memory performance, while no change was reported in the young adult group. Researchers concluded that the effects of physical activity extend to long-term memory.

"Americans are living longer more than ever before," says Sue Durkin, geriatric advanced practice nurse at Advocate Good Samaritan Hospital in Downers Grove, Ill. "This means that we need to take a more proactive role in our health, from eating nutritious meals and exercising regularly to stimulating our cognitive skills.

To maintain and improve cognitive skills in older adults, Durkin suggests engaging in interactive conversations, learning a new hobby or craft, playing games and solving puzzles.

It's always easier to exercise with others. Some congregations have walking clubs or offer the use of the building for older adults to walk in during cold or rainy weather. Some hold Zumba or yoga classes or exercise to religious music. What can your congregation do to help your members stay active?



## **Journey Through Dementia**



The Health Committee invites you to join us for a presentation by Mary Helen Ekstam on Dementia. The following questions will be discussed in the program:

- What is dementia and how does it impact us?
- Is dementia the same as Alzheimer's disease?
- How does one make meaningful connections with someone who is dealing with this illness?
- What are the most common forms of dementia?

What behaviors might a person having dementia exhibit?

Mary Helen will join us on Oct. 28<sup>th</sup> after the service. We will meet in the conference room. Mary Helen has been with us several times in the past. Her programs are always interesting and uplifting.

## **Acts of Kindness**

Last year we acknowledged all of the various acts of kindness our members had done by writing them on Post It Note Hearts which were placed on the bulletin board tree in Fellowship Hall. It has been amazing to see all of the wonderful acts that have been done – some simple, some complex but, all appreciated by the receiving end.

This year Spiritual Life would like to continue this by posting Post It Hands in the place of hearts. We will keep the hearts on the tree and intersperse the Hand Post Its on the tree branches. It will be exciting to see how the tree fills up this year. Please take a moment and write out your performed act of kindness and add it to the tree. While doing so, take a glance at what other acts have been done.





### ***A Message from the Spiritual Life Board***

St. Paul's Acts of Kindness theme will continue this upcoming fiscal year promoting the "Love of Children". Quarterly activities for St. Paul have been selected and will focus on and foster our love to all of God's children, a gift. The following are the activities selected:

- **Fall 2018 - October 7<sup>th</sup>** – We will joining our service with Peace Church with the church youth singing together in worship.
- **Winter 2018 – December 29<sup>th</sup>** – We will be going to the Partners of our Community Center (POC – Palatine) to teach children how to tie fleece blankets, which they will be able to.
- **Spring 2019** – We will be hold a collection drive for underwear for the abandoned youth in Palatine – Dates to be determined.
- **Summer 2019** – We will be participating in the Palatine Opportunity Center's Summer Camp helping with activities. Specific details and dates to be determined.

In addition, our Acts of Kindness tree in Fellowship Hall will continue this year. Rather than posting hearts, we will be using hands to write our acts of kindness that have been performed. The hearts from last year will remain posted. Let's continue to see how full we can make the tree this year!



The Neighbors in Need offering supports the UCC's ministries of justice and compassion throughout the United States. Two-thirds of the offering is used by the UCC's Justice and Witness Ministries to fund local and national justice initiatives, advocacy efforts and direct service projects. These include resources, news updates and action alerts related to justice issues.

Advocacy efforts include the federal budget, voting rights, immigration, health care, hate crimes, civil liberties and environmental issues. One-third of the offering supports the UCC's Council for American Indian Ministries working with several tribes in North and South Dakota, Wisconsin, Nebraska and Minnesota. The offering envelopes will be in the pews and collected on October 7th. To learn more, you can go to [UCC.org/justice](http://UCC.org/justice).



### October Birthdays

- |                        |                   |
|------------------------|-------------------|
| 4 Wally Degner         | 24 Janet Walter   |
| 6 Pat Santucci         | 26 Phil Doktor    |
| 12 Jean Chapman        | 26 Ryan Doktor    |
| 12 Karen Wagner        | 30 Chuck Anderson |
| 13 Karen Whedon        | 30 Jill Dekrell   |
| 14 Kathi Wotal         | 30 LeighAnn Fong  |
| 19 Chuck Oberly        |                   |
| 19 Stacy Gillette      |                   |
| 20 Dorothy Chamberlain |                   |
| 22 Dick Kolze          |                   |

*If there is anyone I missed, please call the church office,  
so we can update our records. Thank you!*

*Sharon Khan in memory of Ruth & Merritt Giles*

memorials  
& gifts

Church  
Bulletin  
Bloopers



*“Ladies Bible Study will be held Thursday mornings at 10am. All ladies are invited to lunch in Fellowship Hall after the BS is done.”*

*“Please join us for our annual Potluck Supper. Prayer and medication to follow.”*

# Thank You

Thank you to all those who helped Heather and I move this summer. To: Chuck and Barb Oberly, Pat and Bob Kolze, Kris Freeman, and Jasiel Garcia, we couldn't have done it without you! I am so happy to be on the first floor and able to get outside, it has done wonders for my state of mind. Thanks again, Bonnie Haase and Heather Beaupre

## **Summer Supper Thank You**

To all who donated food items, helped prepare food, served, and delivered the remaining food to Journeys, we thank you for your generosity and eagerness to participate and serve. The number of guests continued to increase over the months ending our season with our highest number. We continued to receive rave reviews for our tremendous meals and hospitality. We are targeted to join up with St. Theresa again starting next May. Debbie Everett and Greg Mayer.



## **Create a Seasonal Wreath!**

Join the Women's' Fellowship Group October 13<sup>th</sup> to design your own fall, Thanksgiving or Christmas wreath! If you don't need one, consider making one for someone who needs cheering up or as a thank you! Think "Acts of Kindness."

We will meet Saturday October 13<sup>th</sup> at 9:30AM in Fellowship Hall. A supplies list is available. Dee Langguth will lead participants in creating their wreaths. If you can attend, please sign up in Fellowship hall or email Lisa Kennelly at [lkennelly@yahoo.com](mailto:lkennelly@yahoo.com). Please include an email and indicate if you need a copy of the supply list. One will be emailed to you. You will need to shop for the supplies and bring them with you to the meeting. Please bring a bag lunch and we will eat together afterward. We hope you can join us!

*St. Paul Women's Fellowship*

**Christian Education Corner**  
**October 2018**



The leaves are falling, the children are gathering, and joy abounds. Our wonderful Church School program has gotten off to a great start. Our kids are anxious to get to work. In fact, they have begun planning out the whole church school year!

From puppets to pumpkins, music to mayhem, visitors to visiting – they want it all! So, here we go. We will be making cookies again, I think for Halloween this time. They enjoyed delivering to the neighborhood last year and would like to do that again. We may modify this, as the Spiritual Life Board is participating in trunks for treats. If you don't know what that is, speak to me, Melissa Gumm or Debbie Everett. I think it would be fun for the kids to make the cookies they like to make and contribute them to this cause. Also, they will be having music with Diane Nosek this year as well. We are hoping for a section of the Church School time for music every week. When we are ready we will share all that we have learned.

Our Church School Day is going to go like this: Gathering and Bible Study (the older kids will be doing memory verses this year), crafts, music and if time permits a game related to the Bible story of the day. Holly has the little ones and I know that she has an exciting experience planned for them! Wait till they see!

All in all, we are looking forward to every minute we have with all the kids.



***Spiritual Life Board Invites You***

The Spiritual Life Board invites you to join us on October 21<sup>st</sup> for a special service, presentation and luncheon. Father Corey Brost and members from the Viator House of Hospitality will be with us. Father Corey will preach during the worship service using the scripture passage: Matthew 25:31-46. Following worship we will have a presentation from some of the guests at Viator House of hospitality and we will share lunch together.

The Viator House of Hospitality is an interfaith-based program that provides, hope, healing and opportunity to young men ages 18-23, with nowhere else to live while they pursue asylum claims in the United States Immigration System. At Viator House, men attend school, work and save money to send home, find mentors, seek counseling – and practice their faith.

The way that asylum seekers are processed in our country is complicated. It is even more complicated for children who have escaped unspeakable horrors and end up here with no family, no home to go to and no one to advocate for them. Please come and hear the entire story on October 21<sup>st</sup>.



## PRAYERS FOR OUR COMMUNITY OF FAMILY AND FRIENDS

Everly Backe, great-niece of Arlene Kraus & Dee Langguth  
 Rick Bartells, friend of Kim Cichon  
 Ed Bartelt, friend of Charlotte Mally  
 Flo Dailey, friends of Charlotte Mally  
 Tom Edelman, friend of the Kerlin family  
 Kendall Eich  
 Eva, Tuesday Breakfast Group's friend at Café 14  
 Andi Gahlin, fiancé of Mike Drost  
 Judy Haimbaugh, sister of Gloria Helms  
 Rick Hasselmann, brother of Shirley Schimka  
 Michael Hayford  
 Carol Hennings, sister of Pat Kolze  
 Larry Herron, friend of Bob & Pat Kolze  
 Bill Houldsworth, husband of Laurie Houldsworth  
 Jeff, co-worker of Melissa Gumm  
 Barb Kerlin, mother of Bruce Kerlin  
 Laura Krause, daughter of Sharon Krause  
 Michelle Labonar  
 Charles Leseberg, brother of Mary Ann Leseberg  
 Cathy McMillion, friend of Karen Wagner  
 Dorothy Mende, sister of Charlotte Mally  
 Debra Radloff Mican, cousin of Dawn Drost  
 Ron & Paulette Mohr, uncle & aunt of Kim Ferris & Karen Wagner  
 Maryann Ostrem, friend of Arlene Kraus  
 Marilyn Paolisso, aunt of Bruce Kerlin  
 Jerry Parsons, friend of Sandy & Dave Gumm  
 Jody Peterson, daughter of Lynn & Phil Arnold  
 Geri Rogers, sister of Pat Kolze  
 Les Stephens, brother-in-law of Shirley & Ken Kolze  
 Sherry Stephens, sister of Shirley Ann Kolze  
 Tom, cousin of Kim and Karen  
 Fran Werner, sister-in-law of Sharon Florey  
 Ken Wong, friend of Karen Wagner

## SERVING CHRIST IN WORSHIP

### **Greeters for October:**

**7:** Michelle & Jasiel Garcia  
**14:** Jackie Schultze  
**21:** Sharon Florey  
**28:** Gary & Sharon Altergott

### **Nursery Attendants for October:**

Holly Chvoy

### **Usher Captain for October:**

Dave Freeman

### **Lectionary Readers for October:**

**7: Reader Needed- Please call church office**  
**14:** Melissa Gumm  
**21:** Sandy Gumm  
**28:** Donna Bochat

### **Lectionary for October:**

**7:** Job 1:1;2:1-10; Psalm 26; Gen 2:18-24; Psalm 8; Heb 1:1-4;2:5-12; Mark 10:2-16.  
**14:** Job 23:1-9,16-17; Psalm 22:1-15; Amos 5:6-7, 10-15; Psalm 90:12-17; Heb 4:12-16; Mark 10:17-31.  
**21:** Job 38:1-7,34-41; Psalm 104:1-9,24,35; Isa 53:4-12; Psalm 91:9-16; Heb 5:1-10; Mark 10:35-45.  
**28:** Job 42:1-6,10-17; Psalm 34:1-22; Jer 31:7-9; Psalm 126; Heb 7:23-28; Mark 10:46-52.





When it comes to end-of-life issues many people consult with their attorney in matters of estate, and a funeral director in matters of burial. Surprisingly however, very few people ever meet with their pastor in order to plan their actual funeral service ahead of time.

There are significant advantages to doing so! Sitting down with your pastor and going over what you would like to have included in your own funeral keeps the power of choice in your own hands, as opposed to leaving it up to your surviving family members. For instance, maybe you have preferences about scripture readings, or hymns, or even what you would like for the officiant to say or not say during the service.

Maybe you have ideas about things such as eulogies shared by family and friends, or some type of ritual that you would like to have observed during the service. These things may all be discussed when you meet with your pastor.

The writer of Ecclesiastes rightly noted that no one among us holds absolute power to hold back their own death (Ecclesiastes 8:8). As sobering as this is, you still have some say in things when you choose to plan ahead. It also allows you to plan a meaningful service which will facilitate grief in a healthy way for those you love.

Pastor David is available to meet with you if you would like to learn more, or to get started. Call the church office (847)-358-0399 or email [pastor@stpaul-ucc.org](mailto:pastor@stpaul-ucc.org) to schedule an appointment.

**We NEED you.**  
**Can you HELP?**

### **Your help is needed...**

....We are in need of **ONE** member on the Administrative Board. This board typically meets the first Tuesday of each month.

.....We are in need of additional members on the Community Outreach Committee as well as a Chair Person.

... We are in need of an additional member on the Southside Cemetery Committee. If interested, please see Randy Everett.

**....We are in need of coffee hour hosts. Please see the sign up sheet in Fellowship Hall or call the church office. It's nice to share a cup of coffee during fellowship at St. Paul.**

## Annual Congregational Meeting – August 26, 1918

### Agenda

- Opening Prayer
- Safety Committee
- Open and Affirming Statement
- Update Music Ministry Program
- Coordinator Children's Programs
- Stewardship Report
- Budget
- Stewardship
  - Closing Prayer
  - Video of Active Shooter Preparations presented by Safety Committee to follow

Minutes approved by Executive Board on Sept 11, 2018

Determination of Quorum was reached

-Meeting started with a recognition of the time, talents and commitment made to re-structure of our Children's Programming. Rev Haase was not present but was recognized for her effort as well as for the dedicated assistance for Holly Chvoy and Abby Svec. The combined church boards also want to thank and add praise to the parents of the children for their support. The summer series on Sunday was a success and all are looking forward to Rally Sunday on September 9.

1-Jackie Schultz gave a summary of the efforts and results of the research made by the Safety Committee. This committee has spent countless hours meeting with Police, attending safety concerns and putting together a procedure to safeguard worship on Sunday. Future plans may be to conduct a fire drill to educate members on how best to respond. A short 5-minute video will be shown to all who are interested in further knowledge of how best to respond to active shooter situations.

2-The ONA committee presented the Open and Affirming Statement for discussion and to determine a consensus on moving forward with this UCC Policy Recommendation. Members of the Congregation had questions on what would change when this becomes church policy. The committee determined that no significant changes are forthcoming. The statement is not focused on changes to Sunday Service or Church Programming. The Committee spoke to this statement being directed to a cultural and social understanding of how St. Paul, by endorsing this statement, would be following the teachings and values of not only Jesus, but of the social justice inherent in Christianity. A consensus was reached by the congregation indicating that better than 90% in attendance agreed. Statement approved and The Open and Affirming process can move forward. Thanks, not only to the committee but to the congregation, for their time, commitment and dedication involved in this initiative.

3- Executive Board Member and chair of the search committee (Arlene Krause) for filling the vacancy in our Music Ministry gave an update. Candidates are being interviewed and a decision will be made in the near future as final candidates will meet with staff as well as with the Search Committee.

*(Continued on page 13)*

*(continued from page 12)*

4- The 2018-2019 Budget was presented and is attached for review. Treasurer Chuck Oberly gave a report on the budget as reflected in the attachment. A motion was made by Cherrie Wickstrom and seconded by David Gumm. Budget passed. Chuck also gave an update on the current status of the Endowment Fund. Thanks to Chuck and to Ellen Graham for their efforts in formulating the Budget their expertise is appreciated.

5- Stewardship urged all to turn in Pledge cards. Chuck Oberly attended a Stewardship Conference at Westchester on Saturday 8/25 and was able to secure very important strategies on how best to conduct Stewardship. The use of technology was a central part of the conference and many of the ideas will be discussed and utilized by Stewardship.

6- Melissa Gumm gave an update on Outreach efforts and upcoming initiatives. She also thanked Greg Mayer for his commitment and dedication for building the Outreach program. A much deserved ovation was given to Greg and Claudia Mayer for their service, time and commitment to these valuable efforts.

Prior to the closing prayer Pastor David let the congregation know that copies of his Sabbatical Statement are available and he thanked Mary Faust for mass producing this document. Members could pick up a copy as they left the Sanctuary.

#### Closing Prayer

Jackie Schultz showed the Video on how to best react to an active shooter. Response was positive and the video gave very valuable tips.

Open and Affirming Statement that was discussed and a consensus was attained

***“Wherever you are on life’s journey, you are welcomed here.***

***St. Paul rejoices that our community of faith is strengthened by diversity***

***St. Paul declares itself to be open and affirming, extending heartfelt welcome to all God’s children, including people of all cultures, economic status, age, race, gender identity, gender expression, ethnicity, sexual orientation, marital status, physical or mental condition.”***

Congregational Meeting of 08/26/18 -Minutes approved by Executive Board on 9/13/2018 -